



AL AMIRI HOSPITAL
ENDOCRINOLOGY AND DIABETES UNIT

11th AMIRI DIABETES CONFERENCE DIFFERENT FACES OF DIABETES

2nd & 3rd May 2025
Waldorf Astoria Hotel, Kuwait



www.11-adc.com

CHAIRMAN'S MESSAGE

Dear Esteemed Attendees,

It is my utmost pleasure to welcome you all to the **11th Amiri Diabetes Conference**. As the Chairman of this esteemed event, I am honored to address all of you on this special occasion.

Diabetes is a global health challenge that affects millions of people around the world. The Amiri Diabetes Conference has been at the forefront of efforts to raise awareness, share knowledge, and promote innovation in the field of diabetes management and care. Over the past years, we have witnessed remarkable advancements in our understanding of diabetes, its risk factors, and its management, and this conference has played a pivotal role in fostering this progress. This year's conference theme is Different faces of diabetes and promises to be another milestone event, bringing together leading experts, researchers, and healthcare professionals from all over Kuwait. We have curated a diverse program that encompasses a wide range of topics, including the latest research findings, clinical guidelines, technological advancements, and best practices in diabetes care. We are privileged to have renowned speakers who will share their valuable insights and experiences, making this conference an invaluable platform for learning, collaboration, and networking.

As we reflect on the past decade of the Amiri Diabetes Conference, we can take pride in the impact it has had on improving diabetes care and outcomes. However, there are still challenges that lie ahead, and we must continue to strive for excellence in diabetes management. By fostering a multidisciplinary approach, promoting research and innovation, and advocating for policy changes, we can make a meaningful difference in the lives of people living with diabetes. I would like to express my deepest appreciation to all the participants, sponsors, and partners who have contributed to the success of this conference. Your unwavering support and commitment to advancing the field of diabetes care is truly commendable.

In conclusion, I am confident that the 11th Amiri Diabetes Conference will be a platform for rich discussions, exchange of ideas, and collaborative efforts to further enhance diabetes care. Let us work together to empower individuals with diabetes, promote prevention strategies, and strive towards a world where diabetes is better understood, managed, and ultimately, conquered.

Thank you and best wishes for a successful conference!

Sincerely,

Dr. Abdulnabi Alattar

Chairman, 11th Amiri Diabetes Conference

Consultant Physician and Diabetologist, Amiri Hospital

CONFERENCE CHAIRPERSON



Dr. Abdulnabi Al-Attar

Chairman, 11th Amiri Diabetes Conference
Consultant Physician and Diabetologist, Amiri Hospital

COMMITTEE



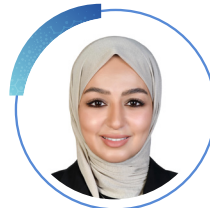
Dr. Abdulnabi Al-Attar

Consultant Physician and
Diabetologist, Amiri Hospital



Dr. Mohammad J. Mirza

Senior Specialist Internal Medicine,
Amiri Hospital



Dr. Soumoud Adel

Specialist Internal Medicine,
Amiri Hospital



Dr. Hawra Al-Matrouk

Specialist Internal Medicine,
Amiri Hospital



Dr. Aysha Alfahad

Consultant and Head of Endocrinology
and Diabetes Unit, Amiri Hospital

SPEAKERS



Dr. Abdullah Alozairi

Consultant Neuropsychiatrist /
Behavioural Neurologist



Dr. Abdulnabi Alattar

Consultant Physician and
Diabetologist, Amiri Hospital



Dr. Anas Alyousef

Consultant Internal Medicine &
Chief of Nephrology Unit



Dr. Anil Thussu

Consultant and Head of Neurology
in Amiri Hospital



Dr. Asmaa Alrashed

General and Metabolic & Bariatric
Surgery Consultant, Al Amiri Hospital



Dr. Asrar Alsayed Hashem

Consultant In Endocrinology and
Diabetology at Al-Amiri Hospital

SPEAKERS



Dr. Aysha Alfahad

Consultant and Head of
Endocrinology and Diabetes Unit,
Amiri Hospital



Dr. Bassam Bulbanat

Consultant Cardiologist at
Amiri Hospital



Dr. Dalia Alsanea

Consultant Family Medicine



Dr. Ebaa Al Ozairi

Consultant Endocrinology Diabetes &
Metabolism Dasman Diabetes Institute
Kuwait City, Kuwait



Dr. Enas Alyaseen

Consultant, Internal Medicine
Obstetrics & Gynecology



Dr. Fahed Aljaser

Consultant Pediatrician & Pediatric
Endocrinologist

SPEAKERS



Dr. Faisal Al-Roomi

Consultant Cardiologist



Dr. Fatemah Hadi

Consultant Cardiologist
Specialised in Advanced Heart
Failure



Ghadeer Alkhalifa

Senior Clinical Dietitian



Dr. Khalouda Abdullah

Consultant Internal Medicine &
Diabetes, Amiri Hospital / DDI



Dr. Muneera Altarrah

Consultant, Internal Medicine,
Gastroenterology and Hepatology




Dr. Talal Alabduljalil

Consultant Ophthalmologist
Assistant Professor Kuwait University

EVENT SCHEDULE

Day 1 – Friday, 2nd May 2025

| TIME | TOPIC & PRESENTER |
|---|--|
| 9:00 – 10:00 am | <i>Workshop 1</i> Time in range clinical application <i>Dr. Khalouda Abdullah</i> |
| 10:00 – 11:00 am | <i>Workshop 2</i> Managing diabetes lifestyle <i>Ghadeer Alkhalifa</i> |
| 11:00 – 1:15 pm | Prayer & Lunch Break |
| 1:15 – 1:30 pm | Opening Ceremony |
| 1:30 – 2:00 pm | <i>Industry Symposium</i> A NEW CLASS: A Different Perspective on T2D Treatment Moderator: Dr. Aysha Al-Fahad <i>Prof. Santiago Tofe</i>  |
| Session 1 – Updates in Diabetes <i>Moderators : Dr. Ashraf Kishk, Dr. Sana Al-Mutairi</i> | |
| 2:00 – 2:30 pm | Diabetes in Kuwait <i>Dr. Dalia Alsanea</i> |
| 2:30 – 3:00 pm | Recent Cardiovascular outcome trials <i>Dr. Bassam Bulbanat</i> |
| 3:00 – 3:15 pm | Q&A – Break |

EVENT SCHEDULE

Day 1 – Friday, 2nd May 2025

| TIME | TOPIC & PRESENTER |
|--|---|
| 3:15 – 3:45 pm | Diabetes & Time in range <i>Dr. Abdulnabi Alattar</i> |
| 3:45 – 4:15 pm | Endocrine disruptors <i>Dr. Aysha Alfahad</i> |
| 4:15 – 4:30 pm | Q&A – Break |
| 4:30 – 5:00 pm | <i>Industry Symposium</i> Autoimmune type 1 diabetes staging and early detection sanofi <i>Dr Thamer Alessa</i> |
| Session 2 – Can we prevent diabetes? <i>Moderators : Dr. Dalal Al-Khudair, Dr. Ghadeer Akbar</i> | |
| 5:00 – 5:30 pm | DM & Obesity: novel treatments <i>Dr. Asrar Alsayed Hashem</i> |
| 5:30 – 6:00 pm | Diabetes in adolescents <i>Dr. Fahed Aljaser</i> |
| 6:00 – 6:15 pm | Q&A – Break |
| 6:15 – 6:45 pm | Diabetes & Bariatric surgery <i>Dr. Asmaa Alrashed</i> |
| 6:45 – 7:15 pm | Can we reverse diabetes? <i>Dr. Ebaa Al Ozairi</i> |
| 7:15 – 7:30 pm | Q&A |


EVENT SCHEDULE

Day 2, Saturday – 3rd May 2025

| TIME | TOPIC & PRESENTER |
|--|---|
| Session 1 – Complications of Diabetes <i>Moderators : Dr. Nada Al-Hassan, Dr. Wehad Altourah</i> | |
| 9:00 – 9:30 am | Diabetic retinopathy impact on visual impairment in Kuwait and current management trends. <i>Dr. Talal Alabduljalil</i> |
| 9:30 – 10:00 am | Diabetes & Peripheral Neuropathy <i>Dr. Anil Thussu</i> |
| 10:00 – 10:15 am | Q&A – Break |
| 10:15 – 10:45 am | <i>Diabetes & CKD</i> <i>Dr. Anas Alyousef</i> |
| 10:45 – 11:15 am | Diabetes & Cardiomyopathy <i>Dr. Fatima Hadi</i> |
| 11:15 – 11:30 am | Q&A |
| 11:30 – 12:00 pm | <i>Industry Symposium</i> Obesity – A Call to Action <i>Dr. Thamer Al-Issa</i>  |
| 12:00 – 1:00 pm | Prayer and Lunch break |

EVENT SCHEDULE

Day 2, Saturday – 3rd May 2025

| TIME | TOPIC & PRESENTER |
|--|---|
| Session 2 – Complications of Diabetes <i>Moderators : Dr. Nadia Alali, Dr. Abeer Al-Gharabally</i> | |
| 1:00 – 1:30 pm | Diabetes & Pregnancy <i>Dr. Enas Alyaseen</i> |
| 1:30 – 2:00 pm | Diabetes & the Liver <i>Dr. Muneera Altarrah</i> |
| 2:00 – 2:15 pm | Q&A – Break |
| 2:15 – 2:45 pm | A spoonful of sugar and it's effect on your mental health <i>Dr. Abdullah Alozairi</i> |
| 2:45 – 3:15 pm | Diabetes & Dyslipidemia <i>Dr. Faisal Al-Roomi</i> |
| 3:15 – 3:30 pm | Q&A |
| 3:30 – 4:00 pm | Industry Symposium Semaglutide Holistic management approach of Cardio Kidney Metabolic Diseases <i>Dr. Asrar Alsayed Hashem</i>  |
| 4:00 – 4:15 pm | Closing & Remarks |

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